

## What Classes Are Offered?

A variety of classes are offered to help you make changes in different areas of your life.

### Physical

Faith & Finances  
Making CHANGE With Your Money

### Emotional

Anxious For Nothing  
Health & Wellness

### Spiritual

New Image  
Alpha Course

### Relational

Active Parenting  
Boundaries

"The people cared so much about learning who I was and learning my story. It was true care for who I was and my journey in life"

-Carolyn, CYL Graduate

## How Do I Enroll?

1

### Call 540-221-2955

Schedule your application so we can get to know you better.

2

### Learn More

Speak with someone who has completed the program.

3

### Register For Classes

Begin your life-changing journey!

## What Can I Expect?

- To be a part of a diverse community of learners
- A Christian education program for your children
- 12 weeks of classes with support
- A safe, trusting relationship with a mentor
- To EARN vouchers for practical needs



## Change Your Life Classes

A Christ-centered program of transformation through education, empowerment, and relationships

Register Today  
540-221-2955

[www.loveincsa.org](http://www.loveincsa.org)

## Education

### What Is CYL?

Change Your Life Classes are weekly Christian-based classes offered to individuals and families in the Staunton, Waynesboro, and Augusta County communities.

The goal of the CYL classes is to offer you a 'hand up' that:

- Equips you with knowledge and skills in a Christian environment
- Empowers you to make positive changes in your life.



## Empowerment

### Is CYL For Me?

#### Great Question!

You can speak with a graduate of CYL who will tell you more, then you can decide if the program is right for YOU to help you reach YOUR goals.

#### If You Desire To:

- Make new friends
- Enjoy a weekly meal
- Be a part of a loving community
- Make lasting changes in your life
- Earn vouchers



## Relationships

### Then CYL Is For You!

**Register Today!**

**540-221-2955**

